

How to Download Bon Ton Roulet Digital Route Files

Although there will be painted route markings on the routes, every rider should have backup route guidance using either a smartphone, GPS device (e.g. Garmin) or paper cue-sheets. Even if you primarily use your Garmin (or other GPS device) for navigation, you may find it useful to have all the routes loaded on your smartphone as backup. Also, you can get a bigger picture of the route map from the smartphone compared to the Garmin GPS device. It's up to you.

NOTE: If you ever discover a discrepancy between the digital files, the printed route sheet, or the painted marks on the road, always follow the paint. That's because the routes may have changed last minute due to road construction or closures.

Here are instructions for how to put the GPS files on your **smartphone**.

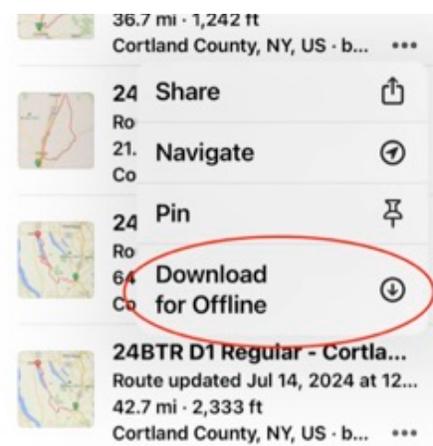
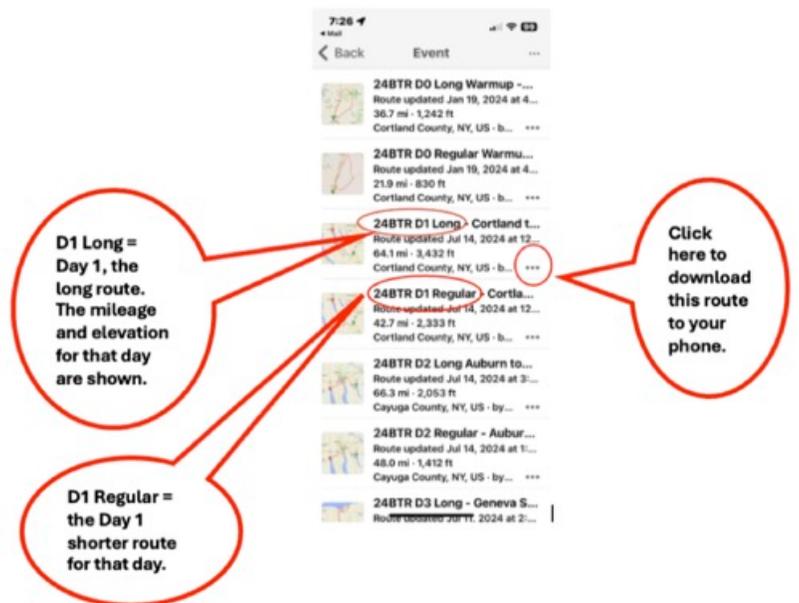
SMARTPHONE INSTRUCTIONS:

1. Do the following steps on your **smartphone**, **NOT** on your tablet or computer.
2. Make sure you have the **RideWithGPS app** on your phone — it's a free download from the Apple App Store or the Google Play Store. If you don't have an account yet, set up a free starter account with username and password. If you already have an account, then login with your username and password.

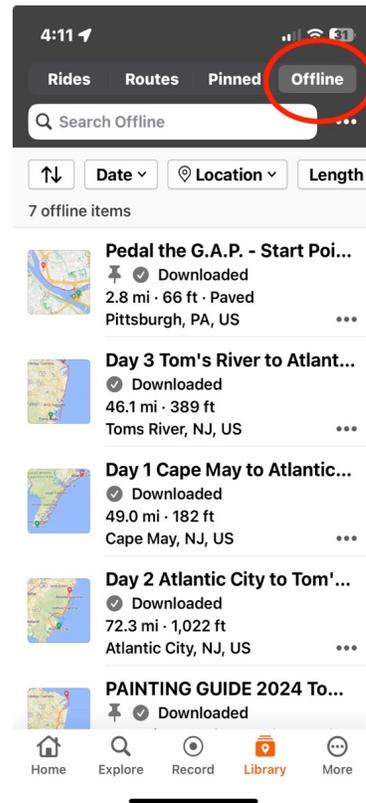
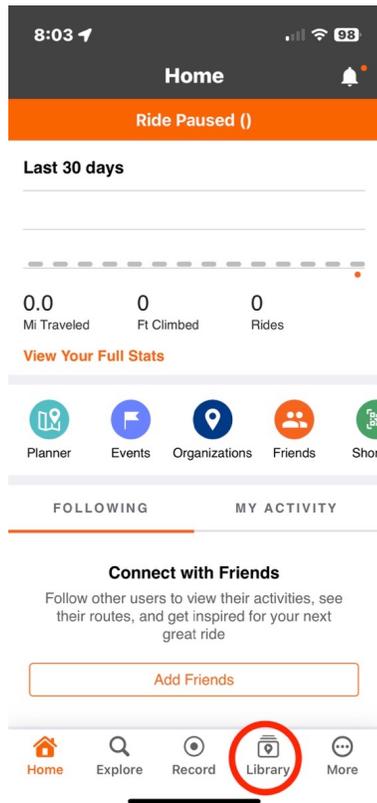
3. Now on your smartphone, you need to download each route one at a time. If you are not sure whether to do the long route or the regular route, you can download both of them and decide later which route you want to pedal. You need to download each route one at a time.

4. To download, click the **three dots** next to the name of the route you want. You'll see this:

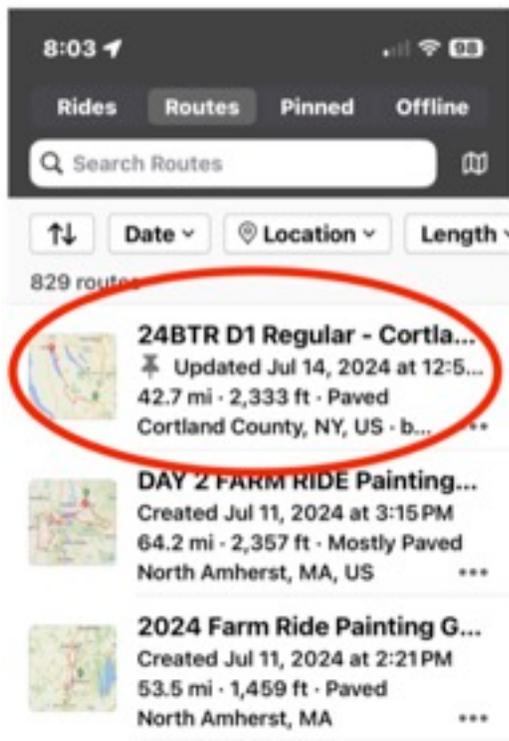
5. Click on the button that states **Download for Offline**. These are dense files and may take a minute or two to fully download. You can move on and start to download more files while that first one is still in the works.



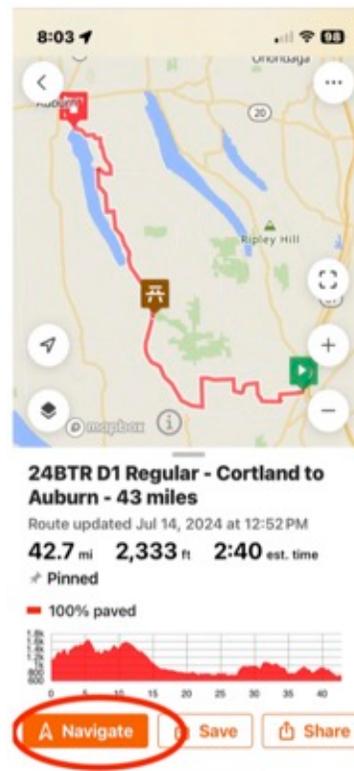
6. When you're ready to ride, open **RideWithGPS** on your smartphone and go to the **Library** and select **Offline**:



7. Pick the **route** you are ready to ride:



8. Choose **Navigate** button and off you go:



Here are instructions for how to put the GPS files on your **Garmin device**. (Other GPS devices may use slightly different methods).

GARMIN INSTRUCTIONS (using laptop or desktop computer):

1. It's easier to do this on a desktop or laptop computer (not a smartphone or tablet). Start here:

<https://www.owascoveloclub.com/BonTon-Maps-D0.html>

2. Click on the **day** for which you want the digital route files. (You'll repeat this for each day you want to download.)

3. Now click on the **link next to GPS fit file**. The digital file for that route will begin to download. If you are not decided yet if you want to do the regular route or the long route you can download both of them and decide on ride day which route you prefer.

Repeat this process for each day of the ride to get all the files -- you have to do each day separately.

2025 BonTon Roulet Routes

[BonTon Roulet website](#) [BonTon Maps Pamphlet](#)

[Maps / GPS](#) **Tue Day 0** [Wed Day 1](#) [Thu Day 2](#) [Fri Day 3](#) [Sat Day 4](#)

Tuesday Day 0 - Geneva Warmup Ride
bike the western side of Seneca Lake
1st overnight at Hobart College

Short Warmup Route - 22 miles
[view route on RideWithGPS website](#)
• map & cue sheets: [D0-Regular-Geneva Warmup](#)
• GPS fit file: [D0-Regular-Geneva_Warmup.fit](#)

Long Warmup Route - 33 miles
[view route on RideWithGPS website](#)
• map & cue sheets: [D0-Long-Geneva Warmup](#)
• GPS fit file: [D0-Long-Geneva_Warmup.fit](#)

4. You can also download all the files from the **Maps / GPS** webpage that contains all the files on a single webpage:

2025 BonTon Roulet Routes

[BonTon Roulet website](#) [BonTon Maps Pamphlet](#)

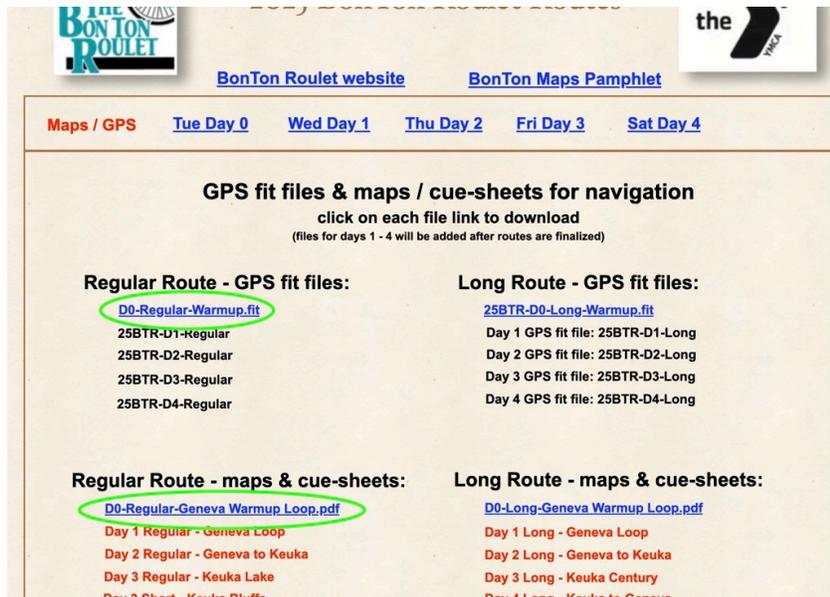
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... which takes you to this page:

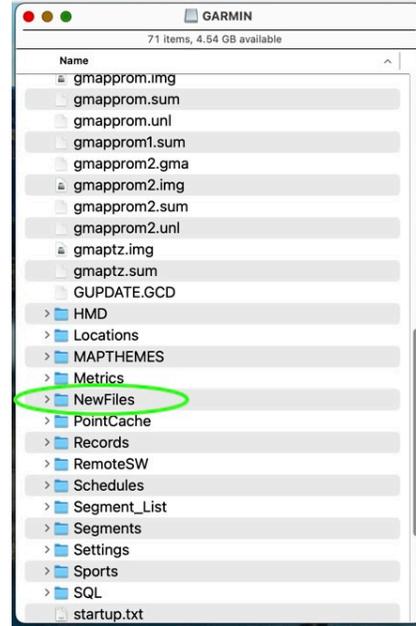
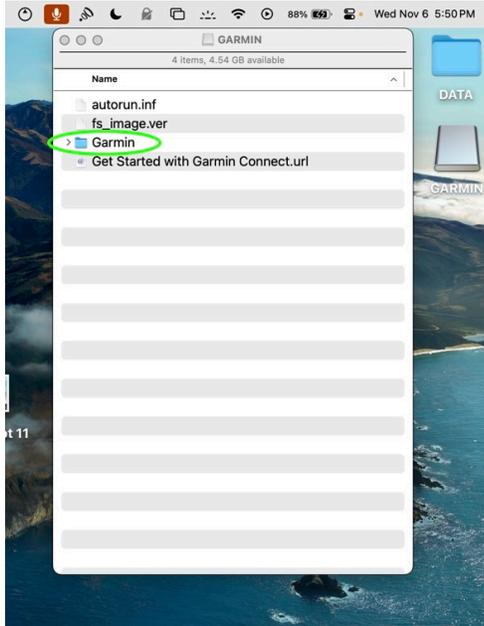


5. The **fit files** that you downloaded will be stored on your Garmin (or other GPS device) and the information below explains how to load these files onto the Garmin. The **maps & cue-sheets** you downloaded will be in pdf format, which can be viewed on your computer or printed to carry with you on the routes.

6. To get the routes you've just downloaded onto your Garmin, plug your Garmin into your laptop or desktop computer using a USB cable that allows you to transfer files. (Some USB cables only allow for recharging and others work for both recharging and downloading files. Be sure to use the correct cable). If you have attached the Garmin to your computer using the correct cable, after a minute or so the Garmin icon will appear on the computer screen. Your Garmin is now attached to your computer similar to the way an external hard drive would appear when connected. (This example is for a Mac, but Windows will be similar). Double click the **Garmin Icon** to open it up.



7. After you double click the Garmin icon to open it, then select the **Garmin folder** inside the Garmin device. Then open the **NewFiles** folder.



8. Now drag ALL the downloaded fit files into the **NewFiles** folder. The Garmin will automatically transfer these fit files into the **Courses** folder. If you put the fit files into the Courses folder it doesn't work. They need to go into the NewFiles folder and let the Garmin put them in the Courses folder.

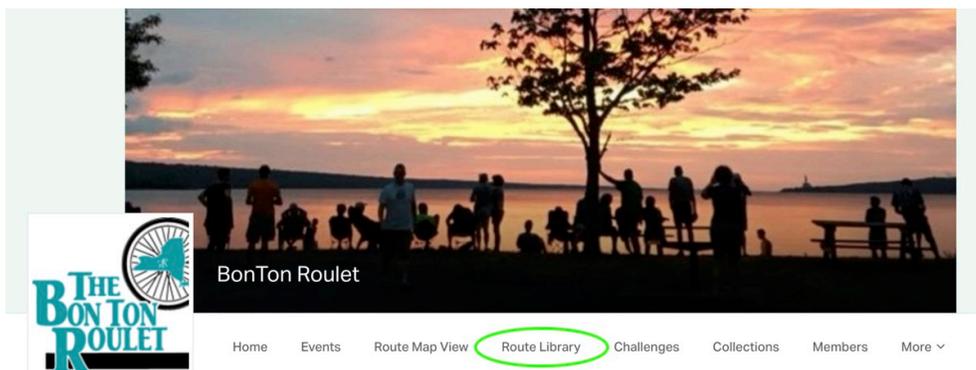
9. Eject your Garmin from your computer. The next time you re-start your Garmin, just choose the route that you want to ride and the fit file you loaded will allow you to navigate that specific route.

ALTERNATIVE WAY TO GET FILES ON YOUR GARMIN INSTRUCTIONS:

You can also get all the files & maps directly from the BonTon Roulet event listing on the RWGPS website. <https://ridewithgps.com/organizations/1067-bonton-roulet>

There are 2 ways to obtain the files you want.

The **FIRST WAY**: from the menu you choose **Route Library** which takes you to the list of all the active 2025 BonTon Routes



... which takes you to this page:

BonTon Roulet

Home Events Route Map View **Route Library** Challenges Collections Members More ▾

Route library Export CSV View archived routes

Filter by tag by Name by Location

Any length Any elevation gain

active BonTon Routes choose which one you want

you click VIEW for the route you want

| <input type="checkbox"/> | Name | Ta | Lo | Dist (m...) | Ele (ft) | Priv... | Updated | View |
|--------------------------|--|----|----|-------------|----------|---------|----------|----------------------|
| <input type="checkbox"/> | 25BTR-D0-Long-Geneva Warmup Loop-34 miles | 20 | Ge | 23.7 | 1327 | Public | 11/05/24 | View |
| <input type="checkbox"/> | 25BTR-D0-Regular-Geneva Warmup Loop-20 miles | 20 | Ge | 19.5 | 854 | Public | 11/05/24 | View |
| <input type="checkbox"/> | 25BTR-D1-Long-Geneva Loop-62 miles | 20 | Ge | 61.9 | 2001 | Mana... | 11/05/24 | View |
| <input type="checkbox"/> | 25BTR-D1-Regular-Geneva Loop-40 miles | 20 | Ge | 40.4 | 1278 | Mana... | 11/05/24 | View |
| <input type="checkbox"/> | 25BTR-D2-Long-Geneva to Keuka-54 miles | 20 | Ge | 53.7 | 3213 | Mana... | 11/03/24 | View |

When you click on the **VIEW** link for the route you want, the route you chose comes up and shows the map with elevation profile. The map can be enlarged for further detail.

Explore Plan Upload Routes Rides Ride Reports Help

Search Ride with GPS

25BTR-D0-Long-Geneva Warmup Loop-34 miles
By BonTon Roulet

33.7 mi + 1,327 ft 13.5 %
3:40 - 1,326 ft -9.8 %

Send to Device

33.7 miles, 1,327 ft climbing

Edit

Geneva, NY Public (0 views)
Created Oct 31, 2024 Updated Nov 5, 2024

Copy of 25BTR-D0-Regular-Geneva Warmup Loop-20 miles

Photos

Fullscreen Layers Heatmaps Settings Google Map

1k
500
0
10 15 20 25 30
distance in miles

From this page you can download the route map & cue-sheets as well as the GPS fit file. If you click on the **3 vertical dots** to the right of **Send to Device** ...

Explore Plan Upload Routes Rides Ride Reports Help

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25BTR-D0-Long-Geneva Warmup Loop-34 miles
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33.7 mi + 1,327 ft 13.5 %
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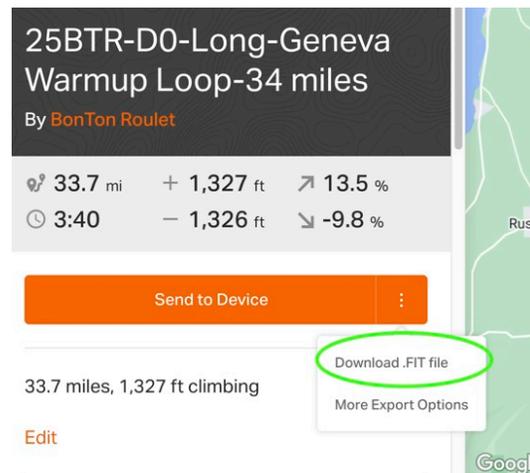
Send to Device

33.7 miles, 1,327 ft climbing

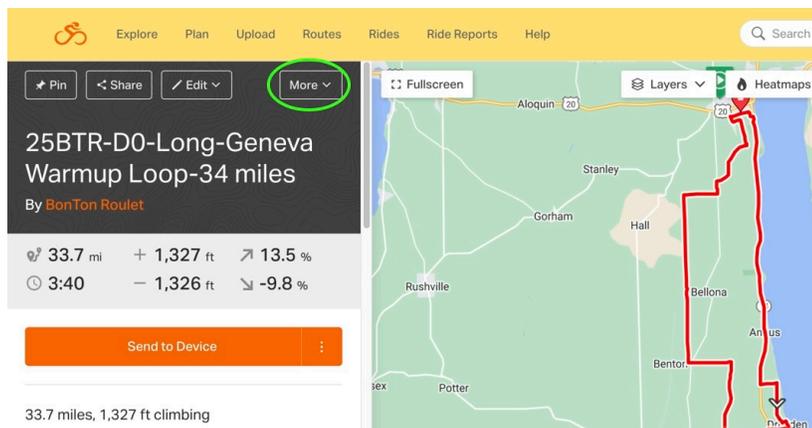
Fullscreen Layers Heatmaps

1k
500
0
10 15 20 25 30
distance in miles

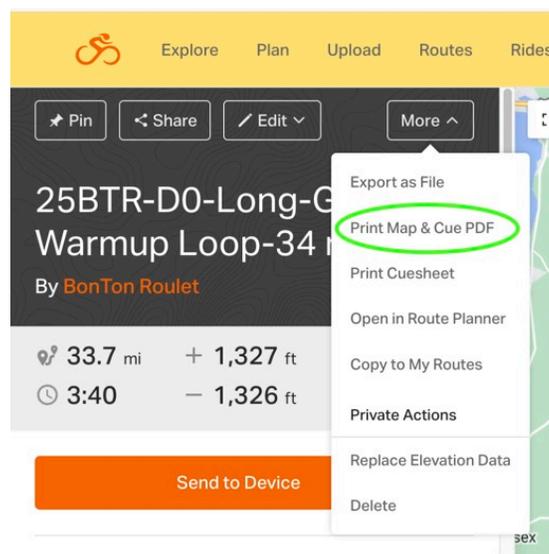
You will get a prompt to download to your computer the GPS fit file for that route. This fit file can then be loaded onto your Garmin as previously described



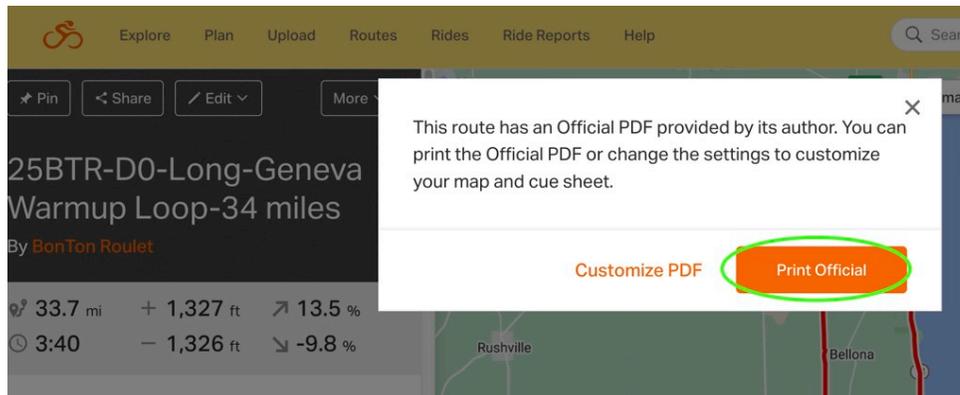
Now if you choose **MORE** at the top of the page ...



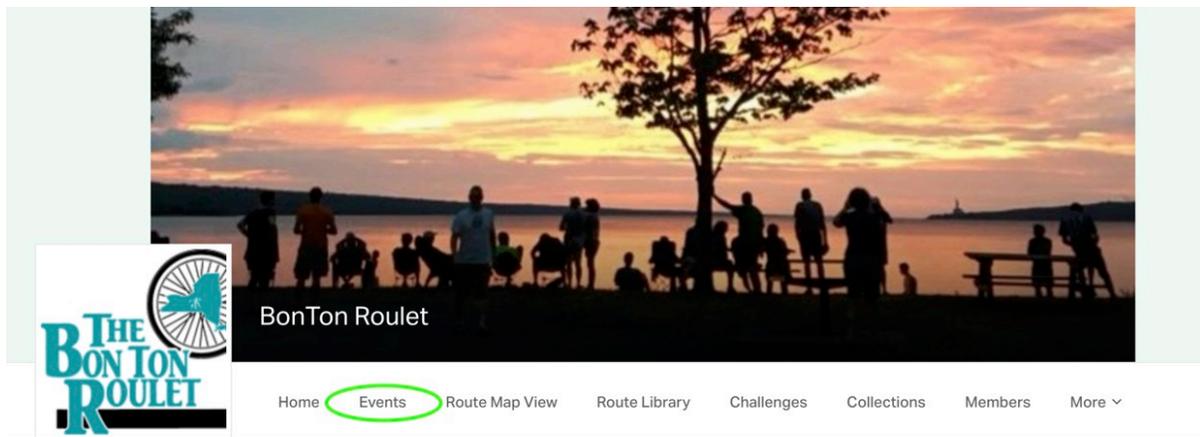
it brings up a menu of choices that includes the option to **Print Map & Cue-sheets pdf.**



Choose the option **Print Official** map.

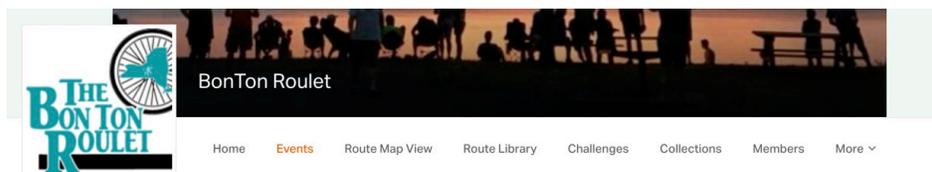


The **SECOND WAY** to obtain the files you want: from the menu you choose **Events** ...



The 2025 Bon Ton Roulet is a 4 day, fully supported cycling tour through the Finger Lakes region of NYS. It supports the Auburn YMCA.

which takes you to the list of the 2025 BonTon Events — ALL the routes, just the LONG routes & just the REGULAR routes. Click on **View** for which of these you want to see.



Events

Create Event

Calendar View

List View

Filter by Tag

Event Tags

By Name

By Location

View Archived Events

| <input type="checkbox"/> | Event Name | Ta | Starts O... | Created | Rout... | Location | Privacy | View |
|--------------------------|-------------------------------------|----|-------------|----------|---------|-----------------------|----------|-------------|
| <input type="checkbox"/> | 2025 BonTon Roulet | 20 | 07/22/25 | 10/10/24 | 11 | Geneva, NY & Penn ... | Managers | View |
| <input type="checkbox"/> | 2025 BonTon Roulet - LONG Routes | 20 | 07/22/25 | 10/11/24 | 5 | Geneva, NY & Penn ... | Managers | View |
| <input type="checkbox"/> | 2025 BonTon Roulet - REGULAR Routes | 20 | 07/22/25 | 10/11/24 | 6 | Geneva, NY & Penn ... | Managers | View |

With selected events: [Set Tags](#) [Set Privacy](#) [Backup](#) [Archive](#) | [Delete](#)

Which brings up the following page. From that page you pick a route and then can print the map and cue-sheets or go to the route and follow it from there.

| Routes | | |
|--|---|------------------------------------|
| 25BTR-D0-Long-Geneva Warmup Loop-34 miles | 33.7 miles | +1327 ft |
| Modify | Print map and cue sheet | Go to route Remove |
| 25BTR-D0-Regular-Geneva Warmup Loop-20 miles | 19.5 miles | +854 ft |
| 25BTR-D1-Long-Geneva Loop-62 miles | 61.9 miles | +2001 ft |
| 25BTR-D1-Regular-Geneva Loop-40 miles | 40.4 miles | +1278 ft |
| 25BTR-D2-Long-Geneva to Keuka-54 miles | 53.7 miles | +3213 ft |



The map shows the Canandaigua Lake region in New York. Key locations labeled include Canandaigua, Rushville, Middlesex, Potter, and Italy. The lake is shown in blue, and the surrounding land is green. The Google logo is visible at the bottom of the map.